

# **CENTRAL STATE HOSPITAL INTERNSHIP IN FORENSIC AND INPATIENT PSYCHOLOGY**

The Internship in Forensic and Inpatient Psychology at Central State Hospital focuses on training in three primary areas:

- Adult Inpatient Treatment primary rotation (80%)
- Adult Forensic Evaluation or Adult Health Psychology secondary rotations (15%)
- Research/scholarly activity on topics relevant to forensic psychology, or experience with the Behavioral Support Team (5%)

**Central State Hospital (CSH)**, in Petersburg, Virginia, is the Commonwealth's only maximum-security forensic mental health unit and also serves as civil state hospital for the central Virginia catchment area. This internship training program is designed to provide interns with exposure to the full range of mental disorders typically seen in forensic and inpatient psychiatric settings.



## **THE TRAINING PROGRAM**

The internship training program offers education and supervision in the practice of clinical and forensic psychology, a primary goal of which is to prepare the intern for the practice of psychology with a seriously mentally ill population. The program is sponsored by Central State Hospital, which provides services to male and female adults with serious mental illnesses, many of whom also have diagnoses of substance abuse disorders and/or intellectual and developmental disabilities. Our patient population includes pre- and post-trial forensic patients receiving court-ordered evaluation and treatment, patients who have been adjudicated Not Guilty by Reason of Insanity (NGRI) who are receiving evaluation and/or treatment, and non-forensic patients receiving emergency treatment under civil commitment.

The training year begins on August 10<sup>th</sup> or September 10<sup>th</sup>, depending on applicant availability, and lasts for 12 months. Interns will spend the first two weeks of the training year engaged in formal orientation activities provided by the CSH Training Department. In October of the training year the interns will attend a weeklong intensive workshop in Basic Forensic Evaluation offered by the Institute of Law, Psychiatry, and Public Policy (ILPPP) at the University of Virginia in Charlottesville, the cost of which is covered by the hospital.

The training year then continues with the interns receiving the following experiences: 80% of their time as a member of a treatment team on a civil or forensic unit of the hospital; 15% of their time as part of the forensic evaluation team conducting pretrial evaluations or providing assessment and interventions as a member of the health advocacy team; and 5% of their time either engaged in research activities or assisting our Behavioral Support Team.

A weekly mental health case law seminar is provided at Central State Hospital. There are also weekly Grand Rounds offered by the Psychiatry department and biweekly training by the Psychology department, which interns will be expected to attend. CSH also regularly hosts speakers on special topics in clinical and forensic practice as well as seminars on ethics. In addition to Basic Forensic Evaluation at ILPPP, interns may attend (at

the discretion of the Training Director) a number of other training seminars offered by the ILPPP, including: Risk Assessment, Evaluating Individuals found Not Guilty by Reason of Insanity, Assessing Individuals Charged with Sex Crimes, and various advanced seminars or symposia. The interns are also strongly encouraged to participate in local, state, regional, and national professional organizations relevant to the practice of clinical and forensic psychology.

This internship program is designed to meet all internship training and supervision requirements for licensure as a clinical psychologist in the state of Virginia. The trainee is responsible for obtaining information on licensure requirements and ensuring that he or she files all necessary forms in a timely manner in order to obtain licensure.

## **PHILOSOPHY**

Our training philosophy is that learning occurs through exposure, mentoring, and supervised practice with gradually increasing degrees of task complexity and trainee autonomy. Through this process, interns are expected to gradually increase their clinical proficiency and knowledge of the legal system, and to gradually develop a professional identity in the field of forensic clinical psychology. The core values of the program include ethical clinical practice and an appreciation of the ways in which clinical skills and knowledge are necessary for competently answering psycho-legal questions. It is our belief that good forensic psychologists are outstanding clinical psychologists first and foremost; therefore, interns will be expected to demonstrate competence in the traditional core skills of clinical psychology, including psychodiagnostic testing, clinical interviewing, treatment planning, consultation, and psychotherapy, while concurrently acquiring a knowledge base of the legal issues and precedents that contribute to the competent practice of forensic psychology.

The effective practice of forensic clinical psychology is strongly linked to the scientific origins of psychological science, and therefore interns are encouraged to rely upon empirically supported assessment techniques, and to actively seek to link evidenced based practice and contemporary research with established principles of assessment. Likewise, our clinicians utilize empirically supported trauma-informed care and therapeutic interventions including DBT, CBT, ACT and Motivational Interviewing.

## **CENTRAL STATE HOSPITAL AND THE RICHMOND-PETERSBURG AREA**

Central State Hospital is located on a beautiful, wooded campus set on the outskirts of the city of Petersburg in rural Dinwiddie County. Petersburg is an historic small city with a revitalized downtown area. It is located about 20 miles south of Richmond, Virginia, a mid-size city that is home to Virginia Commonwealth University and the University of Richmond, as well as a wealth of cultural, sports, and community activities.



Below are links to the website for Central State Hospital and the official websites for the cities of Petersburg and Richmond:

Central State Hospital

<http://www.csh.dbhds.virginia.gov/>

Petersburg, VA

<http://www.petersburg-va.org/>

Richmond, VA

<http://www.richmond.com/>

## **ADMINISTRATIVE DETAILS**

### **Calendar**

The internship begins on August 10<sup>th</sup> or September 10<sup>th</sup> and terminates 12 calendar months later. The granting of educational leave (beyond the required training workshops to be attended at the Institute for Law, Psychiatry, and Public Policy) shall be at the discretion of the Psychology Director.

### **Stipend**

The stipend level for the internship is approximately \$30,000 for the year.

### **Professional Liability Insurance**

Professional liability insurance covering clinical activities clearly defined within the scope of the internship training program is provided by the hospital at no cost to the intern.

### **Health Insurance and Leave Time**

The intern will receive health, dental, and disability insurance through the ANTHEM Blue Cross/Blue Shield program offered to all Virginia state employees. The intern receives a generous package of paid sick and personal leave in accordance with accreditation standards. This is in addition to twelve (12) paid holidays per year.

### **Pay Periods and Pay Days**

The intern will receive two monthly paychecks for a total of 24 paychecks per year. Direct deposit is required.

### **Offices**

The intern will be assigned office space and individual computer access.

### **Clinical and Forensic Supervisors**

Throughout the year, the interns receive a minimum of two hours of individual, face-to-face supervision per week with a licensed clinical psychologist, with an additional two hours per week provided by group supervision and/or health care professionals who are appropriately credentialed for their role/contribution to the program. The intern will have

at least two different supervisors during the training year. Core supervisors include:

**Carla Galusha, Ph.D., Psychology Director**

[Carla.galusha@dbhds.virginia.gov](mailto:Carla.galusha@dbhds.virginia.gov)

**Elizabeth Wheeler, Ph.D., Forensic Evaluations Director**

[Elizabeth.wheeler@dbhds.virginia.gov](mailto:Elizabeth.wheeler@dbhds.virginia.gov)

**Brandon Riley, Ph.D., Psychology Supervisor**

[Brandon.riley@dbhds.virginia.gov](mailto:Brandon.riley@dbhds.virginia.gov)

**Marissa Jarrett, Psy.D., Psychology Supervisor**

[Marissa.jarrett@dbhds.virginia.gov](mailto:Marissa.jarrett@dbhds.virginia.gov)

**Claire Bowman, Psy.D., Health Psychology Program Coordinator**

[Claire.bowman@dbhds.virginia.gov](mailto:Claire.bowman@dbhds.virginia.gov)

**Creighton Hite, Psy.D., Behavior Team Supervisor**

[Creighton.hite@dbhds.virginia.gov](mailto:Creighton.hite@dbhds.virginia.gov)

## **APPLICATION REQUIREMENTS**

Two interns per year will be accepted into the program. Forensic psychology and inpatient treatment experience is preferred. Applicants must be eligible to apply for internship per their doctoral program requirements.

## **HOW TO APPLY**

CSH is currently accepting applications for the internship year 2018-2019. Applicants must submit their application materials as required by APPIC. We require the AAPI, vita, graduate transcripts, 2 letters of recommendation, and a de-identified psychological report to be submitted. Application materials may be sent to the internship training director via email at [Carla.galusha@dbhds.virginia.gov](mailto:Carla.galusha@dbhds.virginia.gov) or hard copy materials may be mailed to:

Dr. Carla Galusha  
Psychology Director  
Central State Hospital

Building 43  
P.O. Box 4030  
Petersburg, VA 23803

Selected candidates will be invited to interview (either in-person or via phone interview per the candidate's preference). Interview expenses will not be reimbursed.

For any additional questions, please contact Dr. Carla Galusha at [carla.galusha@dbhds.virginia.gov](mailto:carla.galusha@dbhds.virginia.gov)