

CENTRAL STATE HOSPITAL
RECOVERY TRANSFORMATION

2013 PLAN UPDATE

In 2013, Central State Hospital continues with its Recovery transformation efforts. Some of the highlights for this year included the hiring of 2 peer specialists, expanding the number of WRAP training groups, involvement of the patients and staff in community Recovery efforts and the development of Recovery Drop in Services. In May and June of 2013 all staff and patients were given the opportunity to complete Recovery Surveys, 99 patients and 372 staff returned completed ones. The following outlines the results of the completed surveys.

ROSI section Survey result reviewed that 11 out of 12 questions demonstrated positive improvement overall from last year. The following is the average combined improvement:

Question 1, 12.5% improvement - (Most staff at this hospital listen carefully to what I have to say)

Question 3, 6% improvement- (Most staff at this hospital understand my experiences as a person with mental health problems)

Question 4, 8% Improvement- (I feel I have a say in the treatment I get here)

Question 5, 5 % Improvement- It should be noted that this is one of the negative questions; meaning that a decreasing result actually shows improvement. This occurred in this question. (Staff at this hospital have used pressure, threats or force in my treatment)

Question 6, 19% Improvement - (The doctor has worked with me to get me on medications that are most helpful to me)

Question 7, 17 % Improvement -Please note that this is one of the negative questions; meaning that a decreasing result actually shows improvement. This occurred in this question. (Staff at this hospital interfere with my personal relationships)

Question 8, 8% improvement -This is one of the negative questions; meaning that a decreasing result actually shows improvement. This occurred in this question. (Services at this hospital have caused me emotional or physical harm)

Question 9, 29 % Improvement - (There is at least one person at this hospital who believes in me

Question 10, 30% Improvement - (Staff at this hospital believe that I can group, change and recover)

Question 11, 5% Improvement - (My treatment goals in my treatment plan are stated in my own words)

Question 12, 28 % Improvement - (There is a consumer or peer support person I can turn to when I need one)

Responses to Question 2 (Most Staff at this hospital see me as an equal partner in my treatment program) demonstrated a slight decrease of 3 % on the surveys completed by the patients assigned to the civil programs however the results from the patients assigned to the Maximum Security Programs remained the same.

Resident choice section Overall improvement was shown in 5 out of the 9 questions (improvement means movement towards the patient's feelings that "I shared or I decide") Questions 1, 2,3,5,7 noted overall improvement from last year ranging in increases from 2 to 8%. Question 4, (What I wear each day) had a 4% reduction. This was a reduction demonstrated in the maximum security forensic patients' results as opposed to the no change in the civil patients' responses. With question 8, (When I will be ready to leave the hospital), a 2 % reduction over last year was noted. Question 9, (where I will go when I leave the hospital), had the largest decrease of 11%. This decrease may have occurred due to the state wide

budgetary restraints on funding for placements resulting in the patients having fewer options and availability.

Opinion of Care In this section 3 out of the 8 questions demonstrated improvement from last year in the overall patient's responses. Question 2 (Have you and the Treatment Team had a discussion about what it will take for you to be able to leave the hospital and not return?) had an average overall increase of 7.5%. Question 4 (Do you think the staff here at this hospital believe your mental health condition will improve?) had an average overall increase of 2%. Question 5 (Is there someone at this hospital you can count on most to help you? Someone you trust and relate to and talk to?) had an average overall increase of 7.5%. Questions 1A, 1B, 6, 7 had less than a 2% decrease, with Question 7 having a 3 % decrease and Questions 3, (Do you believe that your mental health condition will improve- that you will get better?) a 5% decrease.

STAFF SURVEY CSH Staff were given the opportunity to complete the Recovery Survey in June of 2013. All CSH staff were encouraged to complete the survey and 372 were returned. In 4 out of the 12 questions staff responses indicated that they were 99 to 100% in agreement or strongly agreed with the recovery concept. These questions (1,3,4,9) had the same rating 99 to 100% as last years. 5 out of the 12 questions demonstrated that 90% of staff agreed or strongly agreed; which was a 10% increase over last year. 2 out of the 12 questions demonstrated 5% and 7% increases with ratings of 85% and 87%. Question 11, (People receiving psychiatric/substance abuse treatment are able to decide their own treatment and rehabilitation) has shown an 8% improvement over last year but still remains an area that we need to focus on further during the next year.

As evident by the improvement in both the staff and patient's survey results, CSH has made steady progress towards its Recovery Transformation. We will continue to work on the following goals and monitor their progress through our yearly surveys.

	Goal	Strategy	Target Date	Responsible Staff
1	Members of the Leadership Team will be active participants and provide active support of all recovery efforts.	Leadership team members will discuss additional ways to incorporate Peers and Recovery Concepts into the day to day operations of the Hospital at least bi-annually in the Leadership meeting.	Dec. 2014	Leadership Team
2	All CSH staff will have an awareness of recovery principles and efforts	Based on the information from the Patient and Staff Yearly Surveys Recovery training will focus on patient and staff partnerships in treatment and ways that staff can empower patients in making treatment decisions.	Dec. 2014	Patient Relation and Training Director, Peer Specialist
3	Hospital Staff and patients will be given the opportunities to give feedback regarding recovery efforts.	Employee Forum, Training programs and yearly surveys will allow both staff and patients the opportunities to give feedback on the Recovery Efforts.	Ongoing	Hospital CEO, Human Resource Director, Medical Director, Rehab Director
4	Formal and informal peer support will be evident in the treatment process.	The Peer Specialists will continue with the WRAP training and classes plus continuing the Drop in Recovery Services but will make plans to expand services include individual patient WRAP and assistance in discharge planning to the treatment teams.	Dec. 2014	Peer Specialist